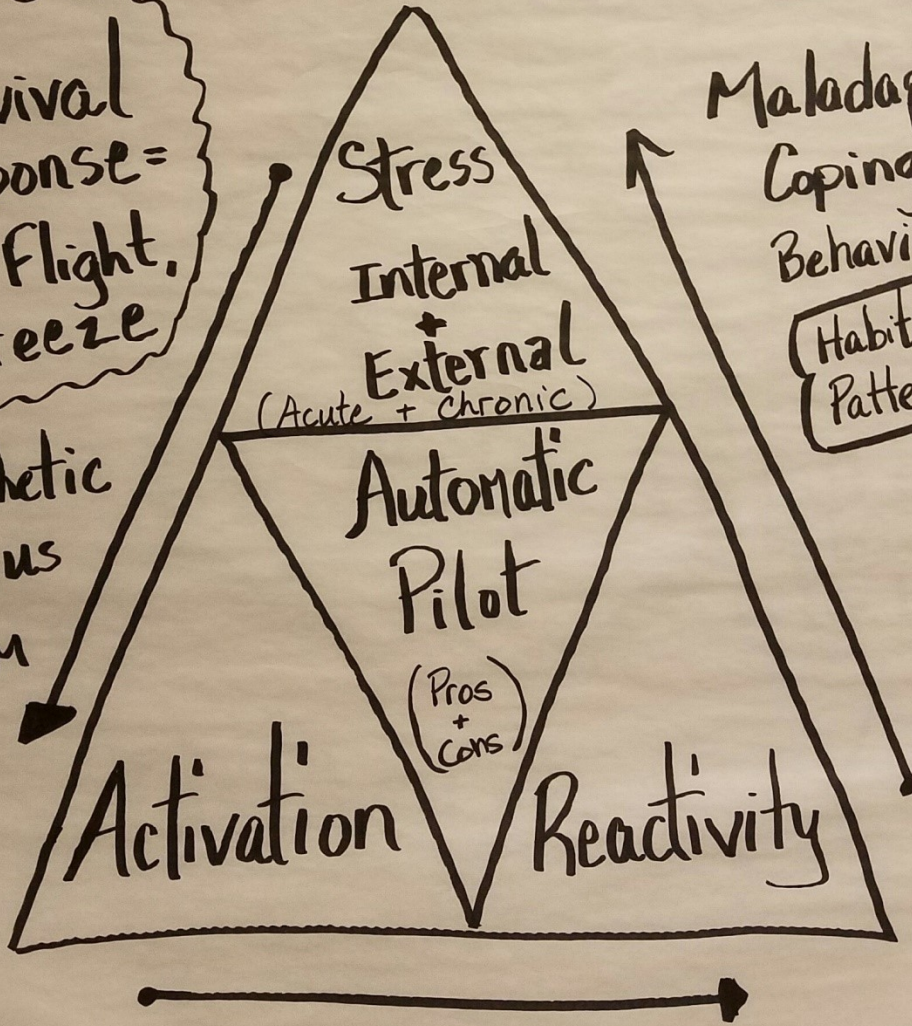


Stress Reactivity Triangle

Survival Response =
Fight, Flight,
Freeze

Sympathetic
Nervous
System

Gas
Pedal



Maladaptive
Coping
Behaviors

Habituated
Patterns